

# Squash for the 21st Century

Building a Squash Movement from the Ground Up

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## **The Project**

With squash on the **growth trajectory**, US squash wants to enable individuals to grow the sport. Especially within the last decade, founders of squash facilities have become **entrepreneurial** in their pursuits.

**US Squash** recently conducted research on squash facilities throughout the U.S., varying in location, size, and business structure. The research is composed of a mix of primary and secondary sources, such as **interviews with squash specialists**, **surveys**, **and relevant articles**.

**US Squash** is the only national governing body and membership organization for the sport of squash in the United States, this guide can help **lead squash's growth and development** by increasing **access and awareness**, supporting **meaningful lifelong engagement in the sport**, and encouraging **sportsmanship** while achieving **competitive excellence at the highest levels**.

## Where is Squash today?



A Global Sport - Played in **185** countries



About **20 million** squash players on **50,000** courts



**Forbes** ranked squash the world's **healthiest sport** for getting and staying fit



Burn **750 - 1,000 calories** in I hour



12th fastest growing sport in the USA at a 32.6% increase over the past 3 years



61% increase in the number of club and varsity college programs

## **Squash Business Structures**

#### **Community Squash**

- Values are inclusivity. Focuses on squash, wellness, and academic excellence
- Integrates the local school program, squash and education alliance, and memberships

#### **Institutional Squash**

- Academic and university facilities that supplement a squash program
- Institutions may partner with urban squash programs and rent out courts

#### **Urban Squash**

- Associated with the squash and education alliance
- Mentorship opportunities
- A pipeline to higher education using squash as a vehicle

#### **Commercial Squash**

- Priority is to create a High-Performance Training Environment
- Private clubs
- Revenue drivers are membership

## **Examples of Squash Business Structures**

Based on the various squash models, this is where the various clubs we researched stand on the spectrum

#### **Community Squash**



#### **Urban Squash**





#### **Institutional Squash**





#### **Commercial Squash**







## The Range of Programming Offered at Squash Facilities

#### **JUNIOR SQUASH LEAGUE**

- Junior Squash provides students with an opportunity to excel at squash and to join the local squash community, without the strict requirements of remaining in an urban squash program.
- Junior players may compete in matches or tournaments

#### **BOX LEAGUE**

- Low maintenance, loosely organized ladder structure where individuals play players in their ability level
- Boxes are reset each month, so flexible for players to join or drop out
- Commitment from players is to make every effort to play your matches assigned for the month

#### **ROUND ROBINS**

- Provides the opportunity for players to play each other during a period of time.
- Players get exposure to different playing styles and levels
- Encouraged to play with a variety of different players to improve

#### **CLINICS**

- Offered to a wide range of squash skill levels beginners to pro
- Enables players to train together which builds camaraderie

#### **PRIVATE LESSONS**

- One on one session with a pro that enables player to accelerate and improve because it is more technical and concentrated
- Private lessons can range from a price of \$40-\$160 per hour

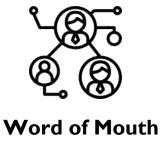
## **Marketing Strategies**

These are various marketing strategies implemented by squash facilities throughout the nation











## Non - Profit Clubs

Case Studies









San Diego, CA

New York, NY

Baltimore, MD

Portland, ME



## Squash and Education Alliance Providing More Cohesiveness for Urban Squash programs

Squash + Education Alliance's mission is to support the creation, development and improvement of urban squash and education programs across the United States and around the world.

Squash + Education Alliance's **leads** youth programs that combine:



academics



travel

23 cities

**95**%

of graduates go to college

2,500

children enrolled

squash

mentorship



college support



career readiness

Founders: Greg Zaff, George Polsky, Steve Gregg and Tim Wyant, the leaders of the country's first four urban squash programs.

Founded: 2005

## Squash and Education Alliance Participating Clubs



















































San Diego, CA





Contact Info: Renato Paiva, Executive Director renato@accessyouthacademy.org Founded: 2006

**Business Structure:** 501(c)(3) non-profit

Founders: Greg Scherman and Chris Walker

Coach: Renato Paiva



#### **The Story**

Based in Southeast San Diego, Access Youth Academy was founded with a mission to transform the lives of the underserved through academic enrichment, health and wellness, and leadership, using squash as a vehicle.

As squash is still in its growth phase on the West Coast, Access Youth Academy's primary selling point are the **educational opportunities**. Students begin with the program in 7th grade, and continue to receive support 2 years post-college. Access Youth has won **13** national titles, and they have **100**% college acceptance and high school graduation rates.

Currently, they utilize the University of San Diego squash courts. Future plans are open squash to the public on a monthly basis and an 8 court facility in 2019,



**Financing the Project**: Capital Campaign // Bank Financing (New Market Tax Credits)







Founded: 2015

**Business Structure:** 501(c)(3) non-profit

Board of Directors: Alex Wessner, Brian Staub, Ryan Wall, and Shawn

Dragann

#### **The Story**

Public Squash exists with a mission to **increase access** and **visibility** of squash through the creation of **outdoor courts**. Through SEO analysis, Public Squash recognized that **individuals searched for squash courts more than 2x than that of handball courts**. In partnership with NYC Parks and Recreation, the first outdoor squash court opened on April 17th, 2018 at Hamilton Fish Park, located on the Lower East Side of Manhattan.

It operates exclusively for **charitable** and **educational purposes**, all for public welfare. Recommended court time is limited to one hour, and there is no formal booking system. Starting in May, Public Squash began holding **public clinics**.



**Financing The Project**: Multi-Year Fundraising Campaign Donations // Interest Free Loan



#### The Story

Portland Community Squash (PCS) is a leader in the community squash movement by operating one of the **country's first mixed-use squash and education facilities in Portland, ME.** The community squash programs combine the best aspects of **memberships, local school programs, and the squash + education alliance framework.** All programs are intentionally diverse and accessible to all members of the Portland community. In the **first year** of operations, PCS brought on **215 members, 200 students, and generated \$1 M of revenue.** 

Portland Community Squash has created a facility and a community of adult and junior squash players representing diverse socioeconomic groups and backgrounds in Portland, Maine. Our mission is to sustain this diverse community and to provide academic and squash instruction to challenge and empower Portland area youth to achieve academic success, physical wellness, constructive citizenship and a path to higher education and beyond.

Founded: 2013, Opened facility in 2017

Founding Board: Barrett Takesian, Greg Born, & Sandy

Spaulding

**Business Structure:** 501(c)(3) non-profit

Courts: 4 singles international



Financing The Project: Capital Campaign (300 Donors)

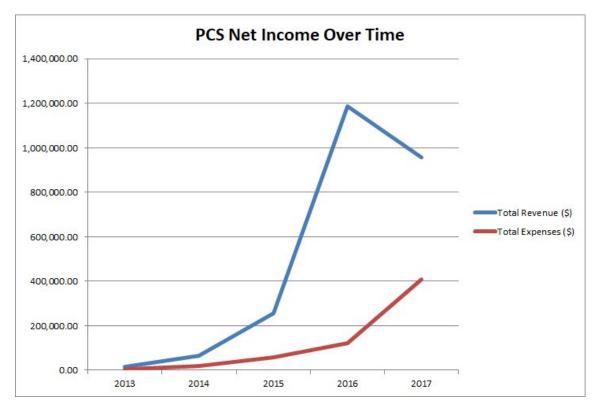




Contact Info: Barrett Takesian, President barrett@pcsquash.com



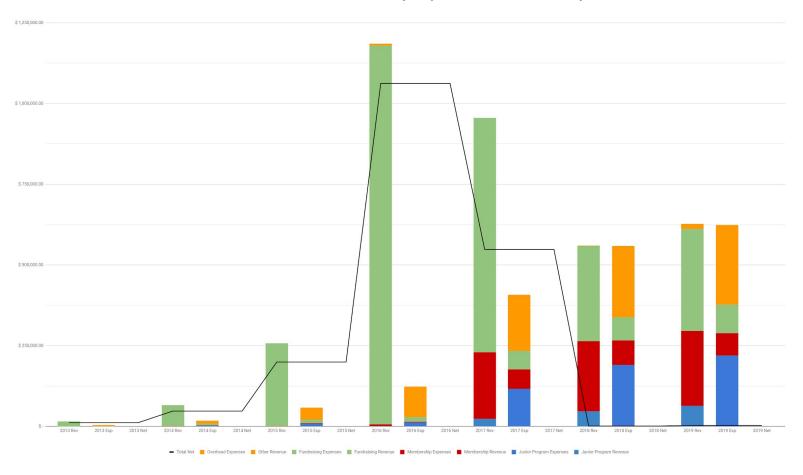
## **PCS** Financials



#### **Implications**

- In 2015, PCS purchased the facility. The increase was driven by more membership and more programming to be implemented.
- From 2016 onward, PCS hired more staff. Thus, expenses increased.
- Expenses increased steadily with more staff and programming
- Currently, PCS is a financially stable place as demand for membership outweighs supply.

### Portland Community Squash 6 Year Runway





#### Baltimore, MD







Contact Info: Abby Markoe, Executive Director abbym@baltimoresquashwise.org Founded: 2014

**Business Structure:** Non-profit

**Executive Director:** Abby Markoe

Courts: Squashwise uses the Loyola Maryland and Johns Hopkins courts

#### The Story

SquashWise is a **long-term support system** creating opportunities for aspiring Baltimore youth. By using **squash as a motivator**, we help students realize their **academic, athletic** and **personal** potential. We ensure that each student graduates from high school prepared for their next step – ready to excel in college and continuing education, as well as in the workplace. We use a **goal-oriented** approach to match students to post-high school education and career placements that fit their readiness and interests. Students join the **SquashWise family** in middle school, and we continue supporting them as they achieve their **educational, athletic, and career goals.** 

**SquashWise offers the following year-round services:** Academic Tutoring, College preparation, Career development, Mentoring, Counseling, Service learning, Travel, Squash Coaching and Competition, and General fitness programs

# Commercial Club Case Studies







Charlotte, NC

Eden Prairie, MN

Chattanooga, TN



#### Eden Prairie, MN



Contact Info: Todd Lliff, todd@boastsquash.com

Founded: 2017

Coach: Todd Lliff

**Business Structure:** Membership based, for-profit

**Courts:** 8 Singles international I

#### **The Story**

Boast Squash has the philosophy to provide the **highest quality**, **healthiest facility** and let squash players do what they do best: meet, play lots of squash, socialize and establish **friendships** and **community**. Boast Squash provides everything that squash players need.Boast Squash is a member-driven squash club open to all levels of squash players, from beginners to advanced.

For programming, Boast Squash offers member oriented events such as **lessons** and **clinics**. They are looking to gain additional junior players in the region, while establishing a training base.



Financing the Project Individual Group // Bank Financing





Charlotte, NC

"I believe there are only a handful of operators in the U.S. today who can take a club from nothing build an empire - particularly important in new markets e.g. Charlotte. It requires a great communicator, marketer, positive energy to get people involved, the presentation of a dream, and clear steps in how this should be attained" -Connie Barnes

Founded: November 2015

**Business Structure:** Commercial

Owners: Connie (head coach) and Rod Barnes

**Assistant Coach:** Ahmed Soliman

Assistant: Dr. Rod Barnes



#### **The Story**

We provide a full range of all-year-round squash services at our club in Charlotte, NC. Since establishing in the US in 2002 AussieNick Squash has concentrated on **developing an extensive array of activities and opportunities for players in the region.** AussieNick Squash aims to satisfy the needs of its client base by the **provision of information, equipment, training assistance** and more. We provide **access** to an **extensive junior program** for all standards. AussieNick Squash programs are expanding to include input from an array of great full time and guest coaches.



#### Chattanooga, TN





Contact Info / Richard Millman millmansquash@gmail.com



Financing the Project Individual Group // Monen Family Restaurant Group Founded: 2016

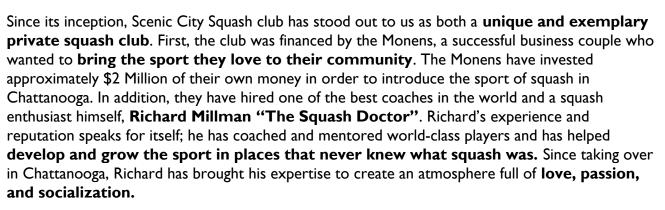
**Courts**: 3 Singles International

Owners: Mike & Taylor Monen

**Business Structure:** For-profit

Coach: Richard Millman





"Our club here is about **inclusivity** and **community**; What we're really trying to do is give something to families. If I am taking on an 8- or 9-year-old kid today, my real goal is that after they come back to Chattanooga, they bring their kid to the club to play. Maybe they will play squash in college. Maybe they won't. Our real goal is for squash to be part of the **community**."

- Richard Millman



## Institutional

Case Studies



Philadelphia, PA



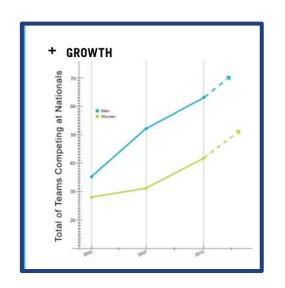
Birmingham, AL

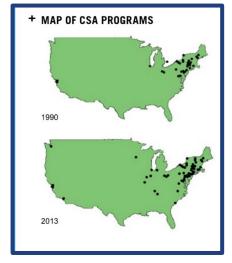


Westport, CT

## Why should squash be added to institutional athletic programs?

At the institutional level, squash is growing because of its linkage to **higher education**. According to US Squash, 98% of squash players go on to graduate college and 57% go on to attain graduate degrees. At the high school level, the number of teams in high schools have increased by 88% since **2007-2008**. The US High School Team Championships is now the biggest squash tournament in the world. From 1998 to **2012** the amount of high school programs went from 43 to 155. Over 200 colleges have squash facilities and there has been an 18% increase in the amount of collegiate programming in the last five years.











Founded: 2016

**Business Structure:** Institution

**Courts**: 6 singles international

**Owners:** Greens Farms Academy

Coach: Attilah Agh



#### The Story

With the closing of the squash program at Southport Athletic Club, squash was nearly non-existent in Connecticut from New Haven to Stamford. GFA saw the opportunity to open a squash facility that could allow the local community to stay involved with the sport and really further the GFA squash program. Being able to provide the students with a facility gave GFA the resources to excel both academically and athletically as well as gain valuable lessons from the sport of squash, creating more wholesome, well rounded students. It also gave Greens Farms the opportunity to build a competitive program capable of allowing the students to challenge the best players in the country as they compete against Greenwich-based Brunswick and Greenwich Academy two of the top squash teams in the country.



#### Philadelphia, PA





Founded: 2011

**Business Structure**: Institution

Courts: 5 international sized

**Owners**: Drexel University

Coach: John White

#### The Story

There was a calling for squash on Drexel's campus even before the construction of official playing courts. Since the **United States Squash Racquets Association (USSRA)** was founded in Philadelphia, **squash has a robust presence in the city**. Numerous local private clubs have recreational squash programs, and colleges had already developed competitive varsity squash teams.

Squash developed at Drexel through **SquashSmarts**, a community urban squash program that originally played out of Drexel's original hardball courts, As awareness surrounding the sport grew, **Drexel created a club in 2006 and in 2007 this club team competed in Nationals.** The squash program **continued to generate buzz and won their division for nationals in 2009**. With large amounts of administrative support and a need to establish a better, more playable squash facility, **Drexel built 5 championship courts, made squash varsity, added a former #I Professional Squash player as their coach and was set to host the US Open Championships all within the same year.** In the 2011-2012 season the men's Drexel team was ranked #29. Due to the increased popularity of squash at Drexel and the many additions to the squash program, **the team was ranked #15 by the 2013-2014 season.** 

## Opportunity for University of Alabama to Spearhead Motivation for Collegiate Squash in the South

The University of Virginia Foundation is planning to expand the squash facility at the Boar's Head Sports Club in anticipation of the World Masters Squash Championships next year.



lt's really in order have these big tournaments — like international squash tournaments — in Charlottesville. 99 - Colette Sheehy, SVP for operations

#### **IMPLICATIONS**

- UVA spearheaded an effort to promote collegiate squash in the south by hosting round robins strictly for ACC schools, bringing nationally and internationally ranked squash players to Virginia, attracting attention to squash in the South
- UVA stood as a southern school that elevated squash to the varsity level, which brought more opportunity for the sport

In anticipation for the 2021 World Games, building a squash facility will put University of Alabama on the map for squash in the south





## Building the Case for The University of Alabama to Build Squash Courts

#### **BUILDING THE FOLLOWING**

Host Round Robins for competing teams in the South





RICHMOND

#### **MULTIPURPOSE USE**

Similar to Drexel and UVA, UAB squash courts can provide community access, clinics, private lessons, summer programs, partnerships with urban squash programs, and professional tournaments.



US Open at Drexel University



#### WHY NOW?

98%

of squash players go on to graduate college, signifying the correlation between academics and squash.

10

emerging club and varsity teams still in their growth phase, signifying a critical time to join the collegiate squash movement

82%

growth of squash between 2007-2011 to an estimated 1.2 million players



The First Free Public Squash Court Arrives in the Lower East Side - Public Squash, April 2018

ASB Develops New Court for Unique US Public Squash Initiative - Public Squash, April 2018

Take a First Look Inside DC's Luxe New Squash Gym - Squash on Fire, May 2017

Owner of new squash facility in Lawrence hopes to see sport grow The New Jersey Squash Club, March 2018

UVA ADDS MEN'S AND WOMEN'S SQUASH AS VARSITY SPORTS PROGRAMS UVA Today, June 2017

#### **About the Creators**



This project was the product of **US Squash** and **Portland Community Squash's** inaugural leadership development summer internship. The contributors are as follows, from left to right.

**Scott Brown:** Scott is a rising senior at Connecticut College majoring in dducational Development. Next year, he will be CC's incoming squash captain. For this project, Scott focused on the institutional squash market.

**Lauren Mariano:** Lauren is a rising senior at Babson College, concentrating in Global Business Management. She will be captain of Babson's Club Squash team, and has been playing for 6 years. Lauren focused on the non-profit squash sector for this project.

**Karim Ibrahim:** Originally, from Cairo, Egypt, Karim has been playing squash for 16 years. He plays and will be captain for St. Lawrence University, where he majors in Economics and Business. For this project, Karim focused on commercial, for-profit clubs.

Special thanks to **Barrett Takesian**, founder and president at Portland Community Squash and **Adam Hamill**, Director of Professional Development at US Squash for their support and guidance throughout this project.

We hope that this information helps individuals spread the sport!